

SMALL GROUP SHARING GUIDELINES

- KEEP YOUR SHARING FOCUSED ON YOUR OWN FEELINGS. PLEASE LIMIT YOUR SHARING TO 3-5 MINUTES
- THERE WILL BE NO CROSS TALK. CROSS TALK IS WHEN TWO INDIVIDUALS ENGAGE IN A DIALOG, EXCLUDING ALL OTHERS. EACH PERSON IS FREE TO EXPRESS THEIR FEELINGS WITHOUT INTERRUPTION.
- WE ARE HERE TO SUPPORT ONE ANOTHER NOT FIX ANOTHER.
- ANONYMITY AND CONFIDENTIALITY ARE BASIC REQUIREMENTS. WHAT IS SHARED IN THE GROUP STAYS IN THE GROUP.
- OFFENSIVE LANGUAGE HAS NO PLACE IN A CHRIST CENTERED RECOVERY GROUP..



Are you struggling with Hurts, Hang-ups, or Habits and in need of.....?

Christian companionship to grow and become strong?

Supportive, respectful, and confidential sharing?

A place to learn, and to grow spiritually?

Finding a turning point in your life?

A safe haven of refuge, and caring?

Then Celebrate Recovery is a place for you.

The Purpose of Celebrate Recovery

The purpose of Christ Community Church Celebrate Recovery ministry is to fellowship and celebrate God's healing power in our lives through the "8 Recovery Principles." This experience allows us to "be changed." By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power - Jesus Christ, and principles for healing and overcoming our past.

CELEBRATE RECOVERY



Celebrate Recovery

10 Steps to Overcoming Pornography Addiction



Celebrate Recovery

Friday Night Program

6:00-6:50 pm Food & Fellowship

7:00-7:55 pm Worship, Teaching/Testimony Hour

8:00 - 9:00 pm Small Share Groups

9:00-9:45 pm Solid Rock Café

~ Child Care Provided ~



CELEBRATE RECOVERY

10 Steps to Overcoming Pornography Addiction

10 Steps to Overcoming Pornography Addiction

By Steve Arterburn

From the book: Every Man's Battle"

1. First, you must acknowledge the addiction exists. Many who are caught in the trap of addiction will adamantly deny the problem. "He who conceals his transgressions will not prosper. But he who confesses and forsakes them will find compassion." - Proverbs 28:13
2. You must recognize what you are doing is wrong. Addicts find a way to justify their problem in their mind. "For all that is in the world, the lusts of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world." - 1 John 2:16
3. You must not blame others - "If my wife/husband were just more affectionate."..."If women/men were not so seductive." Adam blamed Eve and she blamed the serpent. Instead you must begin to take responsibility for your actions.
4. Make yourself accountable to a spiritual authority, perhaps a pastor or mature believer. Everybody needs a "safe" person to share their struggles with. "Therefore, confess your sins to one another and pray for one another, so that you may be healed. The effective prayer of a righteous man can accomplish much." - James 5:16
5. You must recognize that "will power" is not the answer. At a weak moment, your "will" may fail you. By admitting you are in need of God's help, you open access to His supernatural intervention in your life. You must yield your will to God's will. That's when He can begin to work in your life.
6. Study the Word of God concerning sexual purity. "Therefore putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls/" - James 1:21

7. You must destroy any pornography in your possession. You cannot wean yourself off pornography. Think of the hidden pornography in your home as a ticking bomb that will ultimately destroy your family.
8. You must learn to flee temptation. Self-deception may enter when you think you can play with fire without getting burned. "Do not enter the path of the wicked, and do not proceed in the way of evil men. Avoid it, do not pass by it. Turn away from it and pass on." - Proverbs 4:14, 15
9. Give yourself time to work through the process of recovery. More often than not, God chooses to take us through a learning and growing process, that can be very painful. Victory over addiction should be viewed as a marathon, not a sprint.
10. It's a cliché, but you must approach your addiction one day at a time. Look for little victories and rejoice in the progress you're making. Recovery is a cinch by the inch, but a trial by the mile.



Christ Community Church

1895 Overlook Dr.

Winter Haven, FL. 33884

863-875-1090

www.CR@APlaceToBelong.com