

## SMALL GROUP SHARING GUIDELINES

- KEEP YOUR SHARING FOCUSED ON YOUR OWN FEELINGS. PLEASE LIMIT YOUR SHARING TO 3-5 MINUTES
- THERE WILL BE NO CROSS TALK. CROSS TALK IS WHEN TWO INDIVIDUALS ENGAGE IN A DIALOG, EXCLUDING ALL OTHERS. EACH PERSON IS FREE TO EXPRESS THEIR FEELINGS WITHOUT INTERRUPTION.
- WE ARE HERE TO SUPPORT ONE ANOTHER NOT FIX ANOTHER.
- ANONYMITY AND CONFIDENTIALITY ARE BASIC REQUIREMENTS. WHAT IS SHARED IN THE GROUP STAYS IN THE GROUP.
- OFFENSIVE LANGUAGE HAS NO PLACE IN A CHRIST CENTERED RECOVERY GROUP..



### Friday Night Program

6:00-6:50 pm Food & Fellowship  
7:00-7:55 pm Worship, Teaching/Testimony Hour  
8:00 - 9:00 pm Small Share Groups  
9:00-9:45 pm Solid Rock Café

~ Child Care Provided ~



## Are you struggling with Hurts, Hang-ups, or Habits and in need of.....?

Christian companionship to grow and become strong?

Supportive, respectful, and confidential sharing?

A place to learn, and to grow spiritually?

Finding a turning point in your life?

A safe haven of refuge, and caring?

**Then Celebrate Recovery is a place for you.**

## The Purpose of Celebrate Recovery

The purpose of Christ Community Church Celebrate Recovery ministry is to fellowship and celebrate God's healing power in our lives through the "8 Recovery Principles." This experience allows us to "be changed." By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power - Jesus Christ, and principles for healing and overcoming our past.



CELEBRATE RECOVERY



# Celebrate Recovery

## Welcome Newcomers!

## Recovery Group Information



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### Recovery Group Information

#### **Chemically Dependent Group for men and women**

If you find that you cannot quit drinking or using entirely, even when you honestly want to, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem that only a spiritual solution will conquer.

#### **WOUNDED HEARTS Individual group for women**

This is a Christ-centered group for women in recovery from past physical, sexual and/or emotional abuse. One of the keys to success in this recovery program is the coming together of people with similar backgrounds who also have common goals and objectives. Our common background is a history of abuse and our goal is to enter into or maintain recovery. Recovery for us is a two-fold issue. We need healing from the traumas done to us at sometime in our past; we also need healing from the influence these past experiences continue to have on our present lives.

#### **Men's Purity Individual group for men**

Support group for those seeking recovery from lust and compulsive sexual behaviors. This group provides fellowship, is a safe place to share our struggles, pain, and victories, and helps to establish accountability and mutual support among the group members throughout the week.

#### **A to Z Individual groups for men and women**

Any addictive, compulsive, hurt, hang-up, or habit not included in another group. New groups will formed from the A to Z groups as the number of individuals in the group for a specific area of recovery show the need for a separate group.

“For where two or three are gathered together in my name, there am I in the midst of them.” (Matthew 18:20)

Please be advised if anyone threatens to hurt themselves or others, their Small Group Leader has the responsibility to report it to a Celebrate Recovery Ministry Leader.

#### **Celebrate Recovery Small Groups CAN:**

- Provide you a safe place to share your experiences, strengths, and hopes with others that are also going through a Christ-centered recovery.
- Provide you with a leader who has gone through a similar hurt, hang-up or habit and who will facilitate the group as it focuses on a particular Step each week. The leader will also follow Celebrate Recovery’s “Small Group Guidelines,” listed on page one of this pamphlet.
- Provide you with the opportunity to find an Accountability Partner or a Sponsor.
- Encourage you to attend other recovery meetings held throughout the week.

#### **Celebrate Recovery Small Groups Will NOT:**

- Attempt to offer any professional advice. Our leaders are not counselors. At your request, we can provide you with a list of approved counseling referrals.
- Allow its members to attempt to “fix” one another.



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